



# Paphos International Sailing Club



**VALENTINES DAY**  
**TUESDAY 14<sup>TH</sup> FEBRUARY 2012**



**Mushroom Pepper Pots with Crusty Bread**  
**Smoked Salmon Spring Rolls with Chilli Dip**  
**Chicken Satay Skewers & Peanut Dip**

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**Fillet of Plaice in a Lobster Sauce with King Prawns**  
**Beef Bourguignon**  
**Chicken Breast with Blue Cheese Sauce**  
**Served with Vegetables of the Day and Potatoes**

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**Lemon Meringue**  
**Profiteroles**  
**Cheese & Biscuits**



**€14.00 per person Bookings with Christina or Jo**

Valentine's day falls on 14th February and has its history firmly rooted in an old pagan festival called Lupercian which was an ode to the God of Fertility and a celebration of sensual pleasure as well as being a time to meet and court a prospective mate. However, beyond this, not much else is definitely known.

One story is that In AD 496, Pope Gelasius outlawed the pagan festival but replaced it with a similar, but more morally suitable celebration. He took care to replace the Pagan God with a Christian saint, to allay dissent from the old worshippers. He chose St. Valentine who had been beheaded, it's reputed, for helping young lovers marry against the wishes of the Emperor Claudius (the mad one).

Apparently, before his execution on 14th February, Valentine, who had fallen in love with his jailer's daughter, signed his final note to her, "From Your Valentine".